CP of NYS has transformed itself many times over the past seven decades, sometimes in reaction to influences around us and more often than not in an attempt to anticipate the changing needs of the people with disabilities whom we support. Underlying these various adaptations has been our continual adherence to our core principles and our commitment to the vision and mission of all CP of NYS Affiliates. This history has contributed to the significant advances in the disability movement since our founding families first fought for supports and services.

From the beginning, our advocacy efforts in Albany and Washington have focused on funding for supports and services and regulatory and statutory reforms to ensure the rights of people with disabilities. We have always strived to raise community awareness of disability issues. As our world has gotten more complex, and the media opportunities have gotten more diverse, we realize that conversely our ability to capture the public’s attention and move disability rights to the forefront of public consciousness has diminished. The types and means of communication tools for us to clearly express the basic challenges that people with disabilities experience in finding housing, transportation, health care, and other services in their communities, have never been greater; yet the message often is lost in the onslaught of competing messaging and media overload confronting policy makers and our communities at large. As we strive for community integration, our society as a whole has become more and more isolated through such trends as working-from-home, home-schooled families, and texting/tweeting rather than talking. To adapt and remain relevant, our traditional day, residential, employment, and community integration programs must incorporate the technology overwhelmingly embraced by our communities. We need to assess and align our operations to fit in this new reality.

In our Metro Services, CP of NYS has worked diligently to reshape our thinking regarding personal choice and, within our culture of caring, to ensure we also enable the fulfillment of individual goals and desires. Our caring instinct tells us to help in a supportive way, and we are learning that truly achieving independence requires additional skills and supports which go beyond our traditional model. This different approach has been embodied through the transitions training courses our staff has developed under the Balancing Incentive Program (BIP) funding that we have received this past year. The courses that have been developed reinvent our models of preparing families, staff, and the people we support when making the critical transitions to more integrated settings in the community. In addition, we were successful in ensuring the establishment of a new health center that focuses on disability health related issues. Achieving Federally Qualified Health Center status, after considerable efforts by our staff and support by our Board of Directors, is monumental. Metro Community Health Centers updates our health service model and truly integrates people with disabilities in their communities through the provision of high quality health services in accessible settings. Beyond that, this past year has included a number of innovative and significant accomplishments with an eye to the future, such as our day program’s photography club, which has created an online presence highlighting the work of people in our program, our residential program’s development of community integrated housing options, the improved integration of electronic medical records for our programs, and successful leadership training as part of our I Make It Possible! campaign, among others.
Our Affiliate Services Office supported Affiliates statewide as they too strive to anticipate and adapt to changes. Our efforts to support Affiliates were successful on many fronts, particularly the funding secured through our advocacy efforts this past Legislative Session, our leadership on rate rationalization improvement, the passage of favorable legislation, and our successful opposition to unfavorable rules. Despite considerable success, our Affiliates’ futures still include many moving parts. How we respond to these variables, and the larger NYS Office for People With Developmental Disabilities (OPWDD) Transformation Agenda, requires that we establish and adapt more efficient ways to guarantee a sustainable future for the people we support.

We enter the next chapter for CP of NYS against a backdrop of new technology, changing lifestyle trends, clearly articulated ideological goals of federal and State government which are not supported by funding, and increasing demands on the system by the children of an aging baby-boomer generation who are less and less able to care for those children. What is needed as we move ahead? We must:

- Look back and learn from the past, but we can’t remain there.
- Assess the current environment and, to the greatest degree possible, predict the future demands on our system and the people we support.
- Continue directing our energies to ensure that people with disabilities are truly accepted in and are part of their communities.
- Adapt, create, and refine our operations so that needed supports and services are fit for whatever the future throws our way.

We have made strong advances over the years, and we must continue to improve our performance and overcome all obstacles. CP of NYS must fit in and be fit for the future. And while the future is often unclear, we must never lose sight of our mission and motivator . . . the people who we support and their wonderful families.

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Thomas J. Caserta, Jr., Esq.
Board Chair

Susan Constantino
President & CEO
CP of NYS provides services and supports throughout New York City, enabling community integration and independence goals to be realized by many people with developmental disabilities. Among the highlights for the year, Metro Services was awarded funding for three Balancing Incentive Program (BIP) projects. Here is a snapshot of our key activities in the past year.

COMMUNITY LIVING SERVICES
- 370 people live in 78 certified Individual Residential Alternatives (IRAs).
- 76 people live in 6 certified Intermediate Care Facilities (ICFs).

DAY SERVICES
- Day Programs provide supports to over 425 people in inclusionary programs where they are integrally involved in their immediate communities.
- Metro Options for Independence provides work related services to 170 people. There are 10 people in the new OPWDD Pathways to Employment Program. Our BIP grant provides staff training on Pathways.
- We held a two-day Vocational Services Institute and Retreat at Camp Jened to teach a diverse group of staff how Vocational Services are applicable to their program.
- ACCES-VR sponsored Supported Employment and related vocational services, Career Exploration/Volunteer Services ,and Community Habilitation Services.

HEALTH CARE CENTERS

Article 28
- Metro Services operates 4 full-time health care centers providing care to over 2,500 patients. We provide primary care and specialty medical services.
- Dental services are provided in Staten Island, Brooklyn and The Bronx.
- Our team of health care professionals includes 23 physicians, 5 dentists, and 2 nurse practitioners.

Article 16
- CP of NYS assumed operation over the former FEGS Article 16 clinic on June 1, 2015, and there are now over 1,000 people receiving long-term physical, occupational, and speech therapy, and counseling services in our Article 16 clinic. We are now positioned to provide 89,000 service units per year.

COMMUNITY AFFAIRS AND VOLUNTEER SERVICES
- Metro Services trained 150 individuals under a $300,000 four-year contract with the MTA to provide travel training to Access-A-Ride participants. A video promoting Travel Training and the MTA’s free Metro Card for Access-a-Ride customers was produced with the MTA. It is shown at Access-A-Ride Assessment Centers in each borough.
- Eight students are enrolled in an After School program on Staten Island, and seven more offsite.
- We have volunteers from the New York School of Urban Ministry and South Richmond High School who enhance our residential and day programs.

COMMUNITY SUPPORT SERVICES & SERVICE COORDINATION
- Metro Services provides Medicaid Service Coordination (MSC) to 505 people, including 255 people living in IRAs operated by CP of NYS; 52 new people chose to receive service coordination from CP of NYS.
- We received a BIP Grant to develop a curriculum designed to teach individuals necessary skills to transition successfully from living in supervised certified settings to living independently. Almost 40 individuals who currently live in Metro Services IRAs and have expressed a desire to become more independent, were selected to participate in the first 6 month training program. Weekly sessions are held at 3 Metro Services locations and are attended by the individuals and their support staff.
- Another initiative supported by BIP funds is the development of a curriculum designed to orient support staff to all aspects of supporting individuals in using public
transportation. During the 10-month grant period, at least 220 support staff and 50 management/supervisory staff will be trained.

STAFF DEVELOPMENT AND TRAINING

- Funds made available through the BIP grant will allow us to offer training to our staff in CQL Personal Outcome Measures (POM) courses.
- In partnership with 1199 SEIU, we participated in their Care Coordination Fundamentals training program funded through a grant from the NYS Department of Health (DOH). From November 2014 through March 2015, weekly classes were held focusing on common chronic diseases and wellness issues related to diabetes, asthma, hypertension, heart disease, and stroke. During that period of time, 290 employees were trained. Currently classes are being held twice monthly to provide training to an additional 225 employees.
- In December of 2014, we were invited to join The Training Collaborative, a project created by UCP of New York City, Heartshare, and SUS in 2013 in response to the transformational changes within our field of work and in recognizing the importance of professionalizing the workforce. The Collaborative developed 5 training courses for frontline supervisors. The Collaborative is the only nationally accredited program in the country. Ten of our staff participated in the Spring 2015 semes-

DEVELOPMENT

- Foxhurst Apartments, a HUD Section 811 Independent Living project to construct 14 independent living units for people with disabilities in The Bronx, is expected to be completed in 2017. Its design incorporates the Enterprise Green Community energy efficiency standards specifically designed for low-income housing.
- Planning is underway to develop 13 residential opportunities to serve individuals “aging out” of residential school placements.
- Plans to reconstruct the Astoria and Medina Group Homes are being implemented. It includes temporary relocation of the residents and constructing two additional homes in Queens and Staten Island.
- We were awarded funding to develop two new IRAs to place a total of eight individuals being repatriated from the Brooklyn Developmental Center. Site search is underway.
- Two BIP grants are focused on transforming activities from a day hab setting into affirmative businesses – SecureE-Docs, which provides document management services and the development of an organic herb business to serve restaurants and grocery outlets on Staten Island.

HEALTH MANAGEMENT PROJECTS

- The transformation of CP of NYS’s Article 28 Diagnostic and Treatment Centers into Federally Qualified Health Centers (FQHCs) is nearly complete. Metro Community Health Centers, Inc. is operating all four Health Centers in accordance with the US Health Resource Services Administration (HRSA) compliance standards and the Health Centers have HRSA approved Sub-Recipient Agreements with NYU-Lutheran Family Health Centers. The FQHC became operational in
the Bronx, Brooklyn and Staten Island in August 2015. The Brooklyn site was also awarded a New Access Point grant from HRSA. An application will be filed for a Queens Sub-Recipient Agreement.

- A number of Affiliates are collaborating with existing FQHCs to develop a network of FQHCs to serve people with disabilities and chronic health conditions across the State. The goal is to create a financially sustainable Health Center model which improves health services to patients with complex needs.
- Metro Services and five Affiliates (Aspire of WNY, Hudson Valley CP Association, Jawonio, UCPA of Nassau County, and Upstate Cerebral Palsy) are founding members of the Accountable Care Coalition of Greater New York, a Medicare Shared Savings Program of Accountable Care Organizations (ACO). ACCGNY is one of the nation’s first ACOs to focus on the medical needs of adults with I/DD. ACCGNY is a partnership between Queens County IPA and 12 developmental disabilities health services providers across New York and New Jersey. While shared savings were not achieved in the first performance year, claims data and benchmarks showed that patients were receiving quality, well managed care in a number of areas where costs can be reduced without impacting outcomes.
- CP of NYS received BIP funding to integrate medical care management between health centers and their patients’ Long Term Services and Supports (LTSS) and other programs providing care management, e.g., ACOs and Behavioral Health Homes. HeartShare Wellness/HeartShare Human Services, and Access Health Care/AHRC NYC are partners with CP of NYS and Metro CHC to pilot the project which will then be expanded to other LTSS providers serving patients to be part of the Collaborative Partners Integrated Health Services Network, as the project is called. Various Health Information Technology applications will be used to coordinate access to vital information and communication amongst providers and caregivers.
- CP of NYS and Metro CHC have been fully engaged in the NYS DOH Delivery System Reform Incentive Payment (DSRIP) Program to transform health services in NYS. Significant effort is focused on ensuring that the needs of people with disabilities are being included in the planning and implementation. Metro CHC is a member of the Brooklyn Bridges PPS (NYU-Lutheran) in Brooklyn, One City PPS (NYC HHC) in Bronx, Queens and Manhattan, and the SI PPS (Richmond University MC/SI University Hospital).
ANNUAL CONFERENCE
More than 700 people from across the state attended educational presentations and meetings during the 2014 Cerebral Palsy Associations of New York State (CP of NYS) Annual Conference held in downtown Albany.

ESPN Sportscaster Jason Benetti discussed his experiences as a media personality with a disability at the Opening Luncheon. Other featured speakers at the event included NYS OPWDD Acting Commissioner Kerry Delany, who provided an update on OPWDD’s Coordinated Assessment System, and Brenda Maxey, President & CEO, Tech, Inc., of Kansas, and Annette Downey, Community Living Services, Inc. of Michigan, who conducted sessions on their states’ experiences with managed care. The Wednesday morning closing session was presented by author Rachel Simon who discussed her book, *Riding the Bus with My Sister*.

CORPORATE COMPLIANCE CONFERENCE
Approximately 200 attendees heard from experts in their fields at the 2015 Corporate Compliance Conference for providers serving people with disabilities, an annual conference planned in conjunction with NYSARC.

Susan Constantino, President & CEO of CP of NYS, began the day with her thoughts on the dramatic changes faced by those who provide supports and services for people with disabilities and the challenges the field faces. Speakers that day included representatives of the NYS Office of the Medicaid Inspector General and the Justice Center for the Protection of People with Special Needs.

GUARDIANSHIP PROJECT
The Cerebral Palsy Association Guardianship Corporation, which has been operated as a pilot project with the Center for Disability Services over the past four years, is now open and available to any CP of NYS Affiliate wishing to participate. The program provides options for decision making for people with disabilities unable to make life decisions for themselves and who have no active family or legal guardian.
POOLED SUPPLEMENTAL NEEDS TRUSTS

BECOMING POPULAR

The CP of NYS “Community Trusts” (pooled supplemental needs trusts) are increasingly being used by people served by CP of NYS Affiliates. These trusts allow them to benefit from assets or income that would otherwise render them ineligible for government benefits. Trusts offer both individuals and their families significant opportunities for fiscal peace of mind as government policies on payment for disability services shift.

NYS ELKS ASSOCIATION

The 50-year relationship between the NYS Elks Association and CP of NYS continues to be strong. The Elks Major Projects Corporation has continued its financial support for the CP of NYS Home Service Program at nearly $500,000 per year. The Elks provided three $10,000 grants to help Affiliates purchase Home Service vehicles and also awarded additional grants to help CP of NYS Affiliates continue underfunded programs.

BIP GRANTS

CP of NYS received a $2.4 million BIP Transformation Grant award from OPWDD to benefit Affiliates. This award will fund the following projects.

- Increase the understanding and ability to apply the principles of the Personal Outcome Measures (POM) in CP of NYS Affiliates by contracting with CQL to provide workshops, POM training, and certification training for Interviewers and Trainers.
- Development of training modules to provide the necessary knowledge, skills, and abilities to support consumers, families, and service providers through key life transitions amid a statewide shift to community-based services and supports.
- Development of a Conflict-Free Care Management protocol/guideline to facilitate the integration of long term disability supports and services, medical, and mental health services.
- Assessment of Affiliates’ IT readiness against managed care organizations’ expectations for data management and reporting.
- Identification of a shared services model among the Affiliates to increase efficiencies in administrative areas such as human resources, billing and claims, IT, or other areas in preparation for long term Medicaid managed care (LTMMC).
CP of NYS provides Affiliates with a broad array of supports and services through advocacy on behalf of all or most Affiliates on specific issues as well as consultative assistance with issues specific to that Affiliate. Through all our efforts, we develop advocacy efforts to benefit Affiliates, ensuring that the funding and rules for programs and services meet the needs of the people Affiliates support. Our work includes educational programs and ongoing informational support through our statewide committees, which meet throughout the year.

**CP of NYS STATEWIDE COMMITTEES**

- Assistive Technology
- Corporate Compliance
- Development/Public Relations
- Education/Early Intervention
- Emerging Leaders
- Employment/Vocational/Day Services
- Finance
- Guardianship
- Health & Clinical Services
- Human Resources
- Medical Directors Council
- Quality Assurance
- Residential Services
- Service Coordination
- Traumatic Brain Injury

**TECHNICAL ASSISTANCE**

CP of NYS provided technical assistance, information, and direct assistance to Affiliates regarding program development, reimbursement and other critical issues including:

- Rate Appeals (tuition, clinic, residential, day, SED, DOH, OPWDD)
- Changes to Day Program
- Residential Program Oversight and Development
- Respite Programs
- Medicaid Service Coordination
- Implementation of Special OPWDD Initiatives
- New Regulations and Rate Methodologies
- New DOH and CMS Guidelines for DME
- Assistive Technology/Durable Medical Equipment
- APG Billing Issues
- Fiscal and Program Audits and Surveys
- Office of Medicaid Inspector General Audits and Surveys
- OMIG Effectiveness Reviews
- Required Documentation for “Medicaid in Education”
- Preschool Re-Approval Process
- New Applications and Regional Need Process for Expansion of SED Programs
- Comptroller’s Audits of Preschool Programs
- Implementation of Justice Center Requirements
- Re-Configuring SED Program Models to Eliminate the Need for 1:1 Aides
- Article 16 MRT Cuts
- Article 28 Certificate of Need
- Health Homes and Care Coordination Initiatives
- DSRIP and BIP Initiatives
- Medicare “Improvement Standard” Settlement
- Capital Recalculation Recoupment and Appeals
Staff members from CP of NYS and its Affiliates represent the organization and its constituents on statewide advisory councils, task forces, committees, advisory groups, as well as at public hearings, including the following:

**OFFICE FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES (OPWDD)**
- Commissioner’s Transformation Panel
- Provider Associations
- Employment Training Internship Program Advisory Council
- Workforce Recruitment & Retention Work Group
- Heightened Scrutiny Work Group
- Clinic Services Work Group
- Electronic ISP Subcommittee
- Quality Indicators Subcommittee
- Housing Subcommittee
- Provider Efficiency Work Group
- Fiscal Sustainability Design Team
- People First Waiver Steering Committee
- Medicaid Managed Care Advisory Council

**DEPARTMENT OF HEALTH (DOH)**
- Early Intervention Coordinating Council (EICC)
- EICC Executive Committee
- DOH/OPWDD Clinical Services Provider Council
- Safe Patient Handling Work Group

**STATE EDUCATION DEPARTMENT (SED)**
- Special Education Financial Advisory Group
- SED Preschool Rate Methodology Work Group
- SED Work Group on Special Education Itinerant Services Methodology
2015-2016 NEW YORK STATE BUDGET
The 2015-2016 New York State Budget included the following highlights:

OPWDD
- $1 million to OPWDD to pay for the expenses related to the Transformation Panel.
- Transformation Panel – Requires OPWDD to establish a transformation panel that will make recommendations and strategies for maintaining the fiscal viability of the service and support delivery system for persons with developmental disabilities.
- Monthly Reporting on Developmental Centers – OPWDD is required to provide the Legislature with monthly updates on the institutional run down and the community services available for people leaving the institutions.
- Residential Registration List – Requires OPWDD to issue a report on its statewide review of individuals with DD who are currently on its residential waiting list, including any available regional information on priority placement approaches and housing needs for such individuals.
- Work Setting Choice – Requires OPWDD to develop a plan to provide choices for individuals currently in sheltered workshop programs to transition to integrated community work settings.
- Front Door Process – OPWDD is required to report by February 15, 2016 the extent to which the front door policy, as it has been implemented, has improved community education and available service options, connected individual needs to available services, and enhanced opportunities for self-direction.
- Transportation Assessment – Requires OPWDD, in consultation with other agencies and stakeholders, to contract with a not-for-profit entity to conduct an assessment of the transportation needs of individuals with developmental disabilities and others and make recommendations for a pilot program to coordinate medical and non-medical transportation needs.
- Settlement with CMS – The final budget includes $850 million from the almost $7 billion in financial settlement fees to resolve the Federal Government/CMS audits of the OPWDD developmental center rates.
- Statewide Family Advocacy and Education Program – Provides a $150,000 grant to CP of NYS to establish a Statewide Family Advocacy and Education Program.

SED
- SEIT Regional Rates – The final budget includes language that the regional rates will be established on or before the 2016-2017 school year.
- Nurse Practice Act Exemption Expansion – There is additional language to allow the expansion of the OPWDD Nurse Practice Act exemption to OPWDD settings that are currently non-certified to address the concerns of SED so that the Nurse Practice Act Exemption Expansion can be implemented.
FAMILY ADVOCACY PROGRAM
In recognition that families are the best advocates for their loved ones with developmental disabilities, CP of NYS will use its legislative grant to establish a Statewide Family Advocacy and Education program. CP of NYS is conducting family focus groups around the state and has contracted with a firm to set up a website and provide videos and other advocacy tools. Planning has begun and the project is scheduled to begin working to coordinate families across the state in the coming fall and winter.

SIGNIFICANT LEGISLATION
The New York State 2015 Legislative Session saw the indictments and resignation and replacement of both the Assembly Speaker and the Senate Majority Leader. As a result, legislators were distracted but CP of NYS was able to get most of the priority bills we supported passed in both Houses:

- **School Psychologists in 4410s and Early Intervention** – S.5445 (LaValle)/A.5325 (Glick) – authorizes school psychologists to provide evaluations and services for preschool special education (4410) and Early Intervention children. This bill was signed by the Governor as Chapter 217 of the Laws of 2015.
- **Repeal of MRT #26 Cut for Article 16 Clinics** – S.4974 (Ortt)/A.7327 (Gunther) – repeals the cut to Article 16 clinics that serve patients who require more than the average number of therapies. This bill has passed both the Senate and the Assembly and will be sent to the Governor.
- **DD Managed Care Supports by Nonprofit Providers** – S.3638-A (Ortt)/A.7200 (Gunther) – requires managed care entities to only contract with nonprofit providers of OPWDD long term care supports and services. This bill has passed both the Senate and the Assembly and will be sent to the Governor, who is expected to sign it.
- **ABLE Act Implementation** – S.4472-A (Carlucci) and A.6516 (Gunther) – provides state authorization to establish the New York State Achieving Better Life Experience (ABLE) Act. This bill has passed both the Senate and the Assembly and will be sent to the Governor, who is expected to sign it.

MINIMUM WAGE ADVOCACY
CP of NYS has been advocating for funding to support increases in the minimum wage for lower paid workers critical to Affiliates’ ability to fulfill their mission. While Governor Cuomo established a Wage Board to recommend an increased minimum wage for food service industry workers, CP of NYS has worked with the Legislature to: 1) take into consideration the impact a minimum wage increase for one sector has on other sectors; and 2) include developmental disability supports and services in any minimum wage increase recommendations they may submit to the Governor. CP of NYS participated in a statewide salary survey which we used to provide information and recommendations to the Governor’s Division of the Budget, including a minimum wage increase in voluntary OPWDD services funding in the Governor’s 2016-2017 budget proposal.
OPWDD STATEWIDE COMPREHENSIVE PLAN

CP of NYS provided testimony to the New York State Office for People With Developmental Disabilities at their hearing on the 5.07 Statewide Comprehensive Plan for Services 2014-2018. The CP of NYS testimony expressed our concerns of the impact on people of the past six years of funding cuts, lack of development, the planned move to managed care, and the “Transformation Agenda” with no additional funding. We affirmed that CP of NYS endorses OPWDD’s mission but have concerns that the current path will not allow that vision to come to fruition. The testimony stressed that we are eager to redesign the system and supports for people with developmental disabilities; however, it must be done by building on our past success with a New York State partner that understands and is committed to the needs of people with disabilities.
CEREBRAL PALSY ASSOCIATIONS OF NEW YORK STATE
STATEMENTS OF SUPPORT, REVENUE AND EXPENSES
FOR THE YEARS ENDED JUNE 30, 2014 AND 2015
(In Thousands)

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<thead>
<tr>
<th>SUPPORT AND REVENUE</th>
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<th>6/30/14</th>
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<tr>
<td><strong>Support from the public:</strong></td>
<td></td>
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<tr>
<td>Contributions</td>
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<tr>
<td>NYS Elks Association Major Projects, Inc.</td>
<td>$447</td>
<td>$457</td>
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<tr>
<td><strong>Total Support</strong></td>
<td>$447</td>
<td>$457</td>
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<td><strong>Government Fees/Grants for Program Services:</strong></td>
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<td>Medicaid Fees</td>
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<td>Grants/Fees: Education, Training and Direct Consumer Services</td>
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<td><strong>Total Grants and Fees</strong></td>
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<td><strong>Other:</strong></td>
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<td>Affiliate Support</td>
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<td>Other Revenues</td>
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<td><strong>Total Other</strong></td>
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<td><strong>TOTAL SUPPORT AND REVENUE</strong></td>
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<th>EXPENSES</th>
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<td><strong>Program Services</strong></td>
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<th>EXCESS (DEFICIENCY) OF SUPPORT AND REVENUE OVER EXPENSES</th>
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<tbody>
<tr>
<td></td>
<td>$289</td>
<td>$36</td>
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*Copies of complete audited financial statements are available upon request from CP of NYS, 330 West 34th Street, New York, NY 10001*
The mission of Cerebral Palsy Associations of New York State is to advocate and provide direct services with and for individuals with cerebral palsy and other significant disabilities, and their families, throughout New York State in order to promote lifelong opportunities and choices for independence, inclusion and enhanced quality of life.

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                           Idajean Windell, Ed.D.

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