2011-2012 Annual Report

Cerebral Palsy Associations of New York State
Real people. Realizing potential.
A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.
Sir Winston Churchill

More than sixty five years ago, the founding families of Cerebral Palsy Associations of New York State (CP of NYS) knew they had to find a better way to help their sons and daughters participate in their community. The CP of NYS Affiliates, who were organized with a similar purpose and mission, worked together to advocate for the funding necessary to develop the needed community supports and services. And as the funding increased, the CP Affiliates developed creative and varied services which gave people choice and protection. Even those with the most critical health or behavioral needs were supported within their communities.

NYS has now made the decision to support people with disabilities in an unproven managed care system, and so it becomes as important today as it was so long ago that CP of NYS be there to provide advocacy and leadership on behalf of people with severe disabilities and their families. CP of NYS remains the most critical advocate for people with cerebral palsy and other significant disabilities in the ongoing policy discussions that will impact their lives for years to come. Many questions have arisen – not only about managed care, but how people will be supported within the system. We have attempted to control the chaos of the unknown by voicing our concerns, needs and ideas with decision-makers to demand that we are part of their considerations. We will not forego this opportunity to ensure that whatever funding system is in place, it includes choices that support peoples’ needs and desires.

While NYS is working out the details in the move to managed care, CP of NYS has advocated for people with disabilities in all policy forums. We have been working to help our Affiliates understand the language and issues related to managed care through a series of education programs that will continue for some time as we ascend the steep managed care learning curve. Further, we have been working with Affiliates and others to facilitate each individual organization’s decisions about partners, structures and other collaborative enterprises that might be necessary in this new world.

Through our Metro Services, we supported nearly 3,000 people in 2011-2012 in our residential, day, clinic, employment and other programs in the New York City area. With the help of approximately 1,800 dedicated staff, we continue to find creative ways to fulfill our mission. Of particular excitement for us was the opening of West Farms and Metro Community Health Centers in the Bronx, where we provide clinic, day and employment opportunities as well as truly reach out to the community through our newly opened café, thrift store and other initiatives.

The year ahead will present new challenges and change. But the CP family is adaptable and we will find the opportunities for new community supports and services in the midst of all the challenges. We owe this to our families and to the people we support.

Jack M. Weinstein, Esq.
Board Chair

Susan Constantino
President & CEO
ANNUAL CONFERENCE
More than 700 people from all 24 CP of NYS Affiliates attended the 2011 Conference which included more than 40 educational sessions and meetings conducted by nationally known presenters in numerous disciplines.

CORPORATE COMPLIANCE CONFERENCE
Held in Albany on May 8, the conference was attended by nearly 200 compliance professionals from across the state.

GUARDIANSHIP PILOT PROJECT
CP of NYS has begun a pilot project with the Center for Disability Services involving a new guardianship corporation. The Cerebral Palsy Associations Guardianship Corporation has become operational over the past two years.

POOLED SUPPLEMENTAL NEEDS TRUSTS BECOMING POPULAR
The CP of NYS Pooled Supplemental Needs Trusts are increasingly being used by consumers served by CP of NYS Affiliates.

NYS ELKS ASSOCIATION
The Elks continued their 48-year relationship with CP of NYS, again donating more than $400,000 to support the CP of NYS Home Services Program. The Elks again awarded $25,000 to help three Affiliates purchase new Home Service Vehicles.

CP of NYS STATEWIDE COMMITTEES
- Assistive Technology
- Corporate Compliance
- Development/Public Relations
- Education/Early Intervention
- Employment/Vocational/Day Services
- Finance
- Guardianship
- Health & Clinical Services
- Human Resources
- Information Technology
- Medical Directors Council
- Quality Assurance
- Residential Services
- Service Coordination
- Traumatic Brain Injury

TECHNICAL ASSISTANCE
CP of NYS provided technical assistance, information and direct assistance to Affiliates regarding program development, reimbursement and other critical issues including:

- Rate appeals (tuition, clinic, residential, day, EI and autism for SED, DOH, OPWDD)
- Changes to day program
- Residential program oversight and development
- Respite programs
- Medicaid Service Coordination
- Implementation of special OPWDD initiatives
- Early Intervention
- New regulations and rate methodologies
- Assistive Technology/Durable Medical Equipment
- APG implementation and billing issues
- Fiscal and program audits and surveys
- Office of Medicaid Inspector General Audits and Surveys
- OMIG Effectiveness Reviews
- Required documentation and training for “Medicaid in Education”
- Approval of new and/or expansion of special education program models
- Re-configuring SED program models to eliminate the need for 1:1 aides
- Article 16 MRT Cuts
- Article 28 Certificates of Need
- Health Home and Care Coordination Initiatives
CP of NYS’s Metro Services offers a wide range of programs and services designed to support individuals with disabilities in leading more independent and productive lives. These include comprehensive health care services, community living services, adult day programs, vocational, service coordination and family support services.

COMMUNITY LIVING SERVICES
- 368 individuals live in 78 certified Individual Residential Alternatives (IRAs).
- 76 individuals live in 6 certified Intermediate Care Facilities (ICFs).

DAY SERVICES
- Our Day Programs provide supports to over 400 individuals in inclusionary programs where people are integrally involved in their immediate communities.
- Metro Options for Independence provides work related services to 150 people.
- We support 107 individuals on work sites through various programs and have developed 25 new paid work opportunities this year.

HEALTH CARE CENTERS
**Article 28**
- Metro Services operates four full-time health care centers providing care to over 2,000 patients.
- In addition to primary care services, we provide specialty medical services including cardiology, gastroenterology, neurology, ophthalmology, physiatry, podiatry, audiology and psychiatry.
- Dental services are provided in Staten Island, Brooklyn and the Bronx.
- Our team of health care professionals includes 23 physicians, 6 dentists and 2 nurse practitioners.
- We have partnered with Fidelis Care of New York to provide health care services to all individuals in that network.
- We are a Health Plus provider at our Staten Island clinic.

**Article 16**
- Currently 222 individuals receive long-term physical, occupational and speech therapy services through our Article 16 Clinic.

COMMUNITY AFFAIRS AND VOLUNTEER SERVICES
- The Health Advocacy Program (HAP) has provided guidance and support in following a healthy lifestyle curriculum for participants living on Staten Island.
- Metro Services has trained 38 individuals under a $300,000 three-year contract by the MTA to provide travel training to qualified Access-A-Ride participants.
- Parent/Advocate meetings were held to provide information on the proposed changes to the State’s service delivery system.
- Eight participants are enrolled in the After School program on Staten Island.
- We had 320 Volunteers and interns come from New York School of Urban Ministry, New York City College of Technology, Fordham University, Summer Youth Employment Program and South Richmond High School. Several volunteers obtained paid employment as result of their volunteer work or internships.

COMMUNITY SUPPORT SERVICES & SERVICE COORDINATION
- Metro Services provides Medicaid Service Coordination (MSC) to 363 individuals living in various settings, including 269 people living in IRAs operated by CP of NYS.

STAFF DEVELOPMENT AND TRAINING
- This past year one direct support staff from Metro Services received one of 16 CUNY Kennedy Fellow Scholarships citywide.
- The JFK, Jr. Institute for Worker Education and CUNY introduced a no-cost certificate in Health Coaching and Care Coordination and one of our Assistant Residential Coordinators was chosen for the program.
- Metro Services now offers online training for staff.
Staff members from CP of NYS and its Affiliates represent the organization and its constituents on various statewide Advisory Councils and Task Forces, committees and advisory groups, as well as at public hearings, including the following:

**Office for People with Developmental Disabilities (OPWDD)**
- Provider Associations Council
- Employment Training Internship Program Advisory Council
- Workforce Recruitment & Retention Work Group
- Real Choice Grant Committee
- Electronic ISP Subcommittee
- Quality Indicators Subcommittee
- Housing Subcommittee
- OPWDD APG Workgroup
- Provider Efficiency Work Group
- Fiscal Sustainability Design Team
- Cuomo Transition Committee on Health and Education
- People First Waiver Steering Committee

**NYS Commission on Quality of Care and Advocacy for Persons with Disabilities**
TRAID Interagency Partnership for Assistive Technology Advisory Board

**Department of Health (DOH)**
- Early Intervention Coordinating Council (EICC) – Executive Committee
- Early Intervention Coordinating Council (EICC)
- EICC Developmental Group Task Force
- Early Intervention Reimbursement Advisory Panel
- DOH/OPWDD Clinical Services Provider Council
- AHCF Cost Report Work Group

**Other Statewide Activities**
Participated with SED on a Provider Work Group to streamline cost-reporting and the tuition rate-setting methodology.

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**Metro Services**

- Members of the Training Department continued to participate in an OPWDD Work Group charged with developing and implementing a standardized comprehensive set of core competencies required of all direct support professionals.

**New Initiatives**
- A new facility on Boston Road in the Bronx opened and is now home to the Metro Community Health Center Article 28 Diagnostic and Treatment Center (D&TC) and the West Farms Center, which is the home of our day habilitation, Article 16 Clinic and supported employment programs, along with the Bronx Community Living Program and support staff offices.
- In partnership with the Leadership Institute of Utica College, members of the Training Department customized a Leadership Development Program to create an educational experience to meet the needs of CP of NYS.

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**Government Networking**

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**GOVERNMENT NETWORKING**

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**CP of NYS Annual Report**
GOVERNMENT RELATIONS

ADVOCACY ACTIVITIES
• In March, Developmental Disabilities Awareness Month, CP of NYS collaborated on Family Advocacy Month where Affiliates across the state coordinated events with their local legislators and agencies.
• Advocacy call-in day also gave families an opportunity to bring the need for services to the attention of their legislators.

2012-2013 NEW YORK STATE BUDGET
• The 2012-2013 New York State budget did not include new cuts to Affiliate programs and services but there were also no trends or increases. Budget actions of interest included:

Office for People With Developmental Disabilities
• The 1915 (b)(c) waiver will move forward administratively.
• There was a DDSO reorganization.
• The Human Services COLA was suspended for this fiscal year.

Department of Health
• Early Intervention included several administrative changes effective in 2013, including a statewide fiscal agent for all billing and claiming and a state agreement process to replace current municipality contracts. Responsibilities of municipalities will also be decreased with increases in the role of the service coordinator.
• Enteral Nutrition coverage will be expanded to other conditions through regulations.
• A work group was established for payments for services to medically fragile children.
• “Overburden” coverage will be curtailed for future services.

State Education Department
• Preschool and school-age education programs did not receive a trend factor, the fourth year of no trend for these programs.

Executive Compensation and Administrative Expense Regulations
• Governor Cuomo’s Executive Order 38 requires “regulations to limit executive compensation and administrative costs at state-funded providers.” The proposed regulations cover providers that receive more than $500,000 in state support and receive at least 30% of their annual funding from the state. Thirteen state agencies, including OPWDD and DOH have posted their draft proposed regulations on their web pages.

SIGNIFICANT LEGISLATION
• The most significant bill of the 2012 session was “The Protection of People With Special Needs Act” – The Justice Center. This act creates uniform safeguards for people with special needs served in residential facilities and day programs by provider agencies that are operated, licensed or certified by NYS. The safeguards will be implemented by a newly created Justice Center for the Protection of People with Special Needs, which will contain a Special Prosecutor and Inspector General who will have concurrent authority with District Attorneys to prosecute abuse and neglect of people with special needs that rise to the level of a criminal offense. The effective date for most of the bill is June 30, 2013.

Governor Seeks $10 billion Federal Medicaid Waiver
• Governor Cuomo announced that New York State will seek an 1115 Medicaid waiver from the federal government and will ask for $10 billion over five years to implement the Medicaid Redesign Team (MRT) action plan to transform NYS’s health care system.
## CEREBRAL PALSY ASSOCIATIONS OF NEW YORK STATE
### STATEMENTS OF SUPPORT, REVENUE AND EXPENSES
#### FOR THE YEARS ENDED JUNE 30, 2011 AND 2012

(In Thousands)

### SUPPORT AND REVENUE

#### Support from the public:

- Contributions
  - NYS Elks Association Major Projects, Inc. $439 $439
- Total Support $439 $439

#### Government Fees/Grants for Program Services:

- Medicaid Fees $104,481 $105,383
- Grants/Fees: Education, Training and Direct Consumer Services $518 $724
- Total Grants and Fees $104,999 $106,107

#### Other:

- Affiliate Support $730 $719
- Other Revenues $2,399 $3,674
- Total Other $3,129 $4,393

**TOTAL SUPPORT AND REVENUE**

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### EXPENSES

#### Program Services

- Day Services $14,671 $14,495
- Residential Services 76,491 78,077
- Clinic 7,500 6,388
- NYS Elks Association Major Projects, Inc. 439 439
- Affiliate Clinics 554 1,058
- Affiliate Services and Conference 1,922 1,850
- Transportation $201 $301
- Total Program Services $101,778 $102,608

- Administrative/Supporting Services $6,586 $6,576

**TOTAL EXPENSES**

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### EXCESS (DEFICIENCY) OF SUPPORT AND REVENUE OVER EXPENSES

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*Copies of complete audited financial statements are available upon request from CP of NYS, 330 West 34th Street, New York, NY 10001*
MISSION STATEMENT

The mission of Cerebral Palsy Associations of New York State is to advocate and provide direct services with and for individuals with cerebral palsy and other significant disabilities, and their families, throughout New York State in order to promote lifelong opportunities and choices for independence, inclusion and enhanced quality of life.

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2010-2012

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Executive Vice President, Health Management Projects ........................................................Duane R. Schielke
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Assistant to the President .........................................................................................................Heidi McManus

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