CREDITS

The original painting on the cover is the work of Carleen Giannotti of Upstate Cerebral Palsy. This piece was the winner of the 2009 CP of NYS Visions of New York Art Contest.

“Crosswalk” photo by Emiliano Perez.
MISSION STATEMENT
The Mission of Cerebral Palsy Associations of New York State is to advocate and provide direct services with and for individuals with cerebral palsy and other significant disabilities, and their families, throughout New York State in order to promote lifelong opportunities and choices for independence, inclusion and enhanced quality of life.

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2008-2010

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Assistant to the President..................................................Heidi McManus
You have heard the saying, “when the going gets tough . . .”. In this past year, Cerebral Palsy Associations of New York State (CP of NYS) and our Affiliates have found it within themselves to live up to that old adage, and prove ourselves as we “get going.” It is no secret to anyone that the past year has been one of the most difficult periods in our nation’s history. We are experiencing the most severe economic downturn in 75 years, we are actively engaged in two foreign conflicts and the H1N1 Flu virus has people around the globe literally holding their breath.

Closer to home, New York State has its own financial and political problems and our Affiliates find themselves calling upon their reserves of ingenuity and resourcefulness to meet the needs of people with disabilities. The plummeting revenues in the State of New York forced the decision to not allow for a trend increase in our OMRDD programs which led many of our agencies to make difficult financial decisions regarding salary increases and other considerations. Our Legislature has had a most turbulent year, and retirements and State cutbacks have put added strain on many of the State agencies with whom we work. Advocacy has always been the cornerstone of our efforts, and we find ourselves pressed to adapt to the changing landscape as we move forward with multiple legislative and administrative priorities.

Many of the CP Affiliates have spent this past year developing strategies to get through these difficult times. We have worked with them on assessing their agency’s ability to withstand cuts in funding and lack of a trend or growth factor in all programs and to face uncertain economic conditions. But good, sound business practices have armed the Affiliates for the next few years, and we are proud of their fortitude. These challenging fiscal times have tested their ability to be creative, collaborative and efficient. Affiliates have shared how they keep staff motivated when there may be no pay raises, fewer supplies, limited activities or even layoffs. It is the ability to keep staff moving forward that allows us to continue to provide quality services to the individuals we all support. We are learning from each other and this collaboration is making all of us stronger.

We have also faced the challenge of increased scrutiny from the Medicaid Inspector General, which has resulted in increased administrative expenses and additional paperwork which diverts valuable time and resources from our primary mission. Since we are all good corporate citizens we have worked to make our agencies as Medicaid compliant as possible. CP of NYS has taken a leadership role with our Affiliates and the State to proactively seek improvements in the State’s Corporate Compliance activities and to help prepare our Affiliates for compliance oversight.

The State’s compliance activities remind us of the immense need for increased quality and efficiency. In light of that, CP of NYS has worked with all our Affiliates to share best practices and help identify areas for cooperation and collaboration. Our Af-
Affiliates are talking to each other more this past year as they look for ways to save money while still providing the same quality services. We have looked for efficiencies without losing sight of the people who are central to all that we do – both those we support and those we employ. Collectively, CP of NYS and our 24 Affiliates around the state provide support and services to approximately 90,000 people with disabilities and their families through the hard work and dedication of more than 17,000 employees.

Metro Services recently completed a strategic planning process that incorporated staff involvement and ideas for efficiencies to improve outcomes that will benefit the people who live with us, attend our day programs, or receive health care in our clinics are in full swing. The tag line – “where possibilities become realities” – came from staff who truly believe in that message. Our goal has been to find efficiencies in creative ways that ultimately improve our services, and we already have begun to see results as we have improved our staff deployment activities and improved the coordination of our nursing and residential activities. We are also developing a collaborative health center project with UCP/NYC which should improve access to health services for people with disabilities throughout New York City.

Our history includes over sixty years of advocacy efforts, from a time when no services existed, through times of great change and community involvement. There have been financial and social stressors influencing all that we do, but we have found that by leading the way and moving forward we have been most successful. At a time when the level of our services has grown, we find ourselves once again in a position to get things moving forward. We did not get where we are today without a high degree of strength and determination, and we will live up to that tradition in these tough times. Through our advocacy on legislative and regulatory issues; through our work to foster collaboration and efficiencies; through our internal program improvement; CP of NYS will work to make sure that we “get going.”
The 2009 New York State Legislative Session was both dramatic and chaotic with the June 8th Senate coup, the month long 31-31 Senate split (stalemate), the legal battle over the Governor's authority to appoint a Lt. Governor, and the return of the two Senate Democrats to form the thin 32-30 Senate Majority. Additionally, Governor Paterson and the Legislature continued to try and balance the New York State Budget through the Deficit Reduction Act in February, budget cuts and increased fees and taxes as revenues declined and unemployment and public assistance rolls increased. The New York State Legislature completed passage of the 2009-2010 State fiscal year budget bills on Friday, April 3, 2008 for what is considered an “on time budget.” The CP of NYS priorities in the final budget included the following:

♦ **OMRDD Budget** – The final budget restored the 3% ICF cut, the 4% day habilitation cut and the $1.7 million Unified Services cut. Unfortunately, the final budget did not include a trend factor or additional development.

♦ **DOH Early Intervention Services** – The Legislature rejected the Governor’s proposals for parent fees and provider billing in the Early Intervention Program.

♦ **Special Education Teacher Shortage** – The final budget provided for the continuation of the $4 million for 4410 preschool special education and 853 school-age special education teacher salary enhancements and the $2 million for 853 teacher salary enhancements that has been in place since 2002.

Due to the month-long Senate stalemate, as well as the State and National fiscal crisis, the Legislature did not pass as many bills as is typical in a session. Governor Paterson has acted on most of the bills. The following are some of the bills of interest to CP of NYS:
Legislative Activities

Legislation Signed by the Governor

♦ **MTA Payroll Tax** – The Legislature passed and the Governor signed a Metropolitan Transit Authority (MTA) bailout package. The bailout included a payroll tax of $0.34 on every $100 of wages to be paid by all employers, including non-profits, school districts and governments, in the 12 county MTA region. The payroll tax is applied to all employers and was retroactive to March 1, 2009 except for public school districts which was effective September 1, 2009, and the districts are to be reimbursed for the tax from “bullet aid.” CP of NYS strongly opposed this tax being applied to our non-profit agencies.

♦ **Nursing Quality Indicators** – This law requires DOH to promulgate regulations to collect data on nursing staffing patterns and incidents. Technically, the statute could include all hospitals, nursing homes and diagnostic and treatment centers (DTCs), but the legislative intent was to capture this data only from hospitals.

Legislation Vetoed by the Governor

♦ **Accessible Polling Places** – This bill would have required all polling places to meet federal accessibility guidelines for people with disabilities within the next six months. The Governor vetoed this bill on the basis that it would create an “unreasonable financial burden.” CP of NYS supported this proposal.

♦ **Endangering the Welfare of an Incompetent Person** – This bill amended the Penal Law to make endangering the welfare of an “incompetent or physically disabled” individual a felony. Because this bill amended the wrong section of the Penal Law, was poorly drafted and did not include a definition of “an incompetent” person, CP of NYS opposed this bill.

♦ **Special Education Schools Fund Balance** – This bill would have amended the Education Law in relation to the definition of “tuition” for 4410, 853 and Special Act schools for the 2010-2011 school year to allow our schools to maintain a fund balance. CP of NYS strongly supported this bill which the Governor vetoed on the grounds that it would cost state dollars at a time when the State was facing a fiscal crisis.
LOBBY DAY

CP of NYS’s 2009 Albany Lobby Day was held on Monday, February 10th and was held in conjunction with IAC, The Alliance of Long Island Agencies, and NYSARC.

The four associations agreed that this year required a joint advocacy effort because of the major fiscal issues facing New York State and MR/DD agencies. Of particular concern were:

- The absence of a trend factor;
- The 4% cut and the proposal to restructure day habilitation services;
- The 3% ICF cut;
- The slowdown of development; and
- The elimination of Unified Services funding and County Share contract funding for clinics.

Additional items of concern included parent fees and provider billing for Medicaid and third party insurance in early intervention and the proposal to restructure Special Education Itinerant Teacher Service (SEIT) to a fee-for-service reimbursement.

The four associations had more than 250 representatives from across the State come to Albany to see their local legislators as well as key staff from the Legislature and the Governor’s office. Every area of the State was represented. The four associations hosted a reception on February 10th which was well attended by members of the Senate, Assembly and key staff from the Legislature, the Governor’s Office, OMRDD, SED, and DOH. CP of NYS Affiliates and the other association members seemed to agree that the joint lobby day was a great success in conveying our concerns to key budget and policy makers.
STATEWIDE FAMILY ADVOCACY DAY

CP of NYS, along with DDAWNY, IAC, NYSACRA, NYSARC, NYSRA, The Alliance of Long Island Agencies, Inc., The Capital District Coalition, the Coalition of Families for Direct Support Workers, and The NYS Catholic Conference held a “Statewide Family Advocacy Day” on Friday, March 13th. From Brooklyn to Buffalo and Montauk to Massena hundreds of people with developmental disabilities and their families met with their Assemblymembers and State Senators in their district offices to implore them to restore the Governor’s proposed cuts to services provided under OMRDD. The key issues addressed were:

- The importance of using Federal stimulus dollars to preserve essential OMRDD services;
- The residential development “slowdown”;
- The absence of a trend factor for OMRDD services;
- The day habilitation services cut; and
- The residential ICF cut.

All the associations, family members and staff were concerned that their message about the impact of the cuts was going largely unheard. Families and advocates for people with developmental disabilities highlighted the issues and offered funding alternatives when they met with their legislators. Judging from the response of the Legislature and the Administration, these concerns were clearly heard.
In order to ensure that the needs and desires of people with disabilities and the interests of our 24 Affiliates are represented before policies and regulations are changed or enacted, CP of NYS participates on statewide Advisory Councils and Task Forces. Staff members from CP of NYS and its Affiliates represent the organization and its constituents on various committees and advisory groups, as well as at public hearings, including the following:

**OFFICE OF MENTAL RETARDATION AND DEVELOPMENTAL DISABILITIES (OMRDD)**

- Medicaid Service Coordination Task Force
- Provider Associations Council
- Home & Community Based Services (HCBS) Waiver Units of Service Task Force
- Provider Council
- Provider Council Clinical Services Subcommittee
- Employment Training Internship Program Advisory Council
- Workforce Recruitment & Retention Work Group
- Medicaid and Medicare Maximization Group
- Real Choice Grant Committee
- Clinical Workforce Subcommittee
- Electronic ISP Subcommittee
- Quality Indicators Subcommittee
- Housing Subcommittee

**DEVELOPMENTAL DISABILITIES PLANNING COUNCIL (DDPC)**

- DDPC Assistive Technology Work Group
Government Networking

NYS COMMISSION ON QUALITY OF CARE AND ADVOCACY FOR PERSONS WITH DISABILITIES

♦ TRAID Interagency Partnership for Assistive Technology Advisory Board

DEPARTMENT OF HEALTH (DOH)

♦ Early Intervention Coordinating Council (EICC)
♦ EICC Task Force on Provider Approval (Chairperson)
♦ Early Intervention Reimbursement Advisory Panel
♦ Durable Medical Equipment (DME) Work Group
♦ DOH/OMRDD Clinical Services Provider Council

OTHER STATEWIDE ACTIVITIES

♦ Development of a new service to Affiliates – Corporate Compliance Services. Legal and professional technical guidance in the areas of health care corporate compliance is being offered to Affiliates through contractual services.

♦ Development of a statewide group of voluntary providers tasked to create a common records management system that meets the regulatory agencies’ requirements.

In between those two presentations, more than 800 people from Affiliates across the state attended nearly 50 workshops and meetings at the Desmond Hotel and Conference Center in Albany. It began on Monday, October 20 with a special presentation by UCP of New York City entitled, My Child Without Limits, a web-based information and social networking resource for families and caregivers of young children with cerebral palsy and other developmental disabilities and the professionals who work with them.

Mr. Lauver’s Keynote presentation was followed by seven informational sessions, including an update from Diana Jones Ritter, Commissioner of the Office of Mental Retardation and Developmental Disabilities. The CP of NYS Annual Awards Dinner, honoring more than a dozen organizations and individuals for their success in overcoming obstacles, or for their contributions to people with disabilities and their families, completed the first day of the Conference.

Tuesday began with a pre-dawn aerobic workout followed by a day filled with 40 sessions and meetings on a broad range of topics and issues. Conference attendees were treated to an exhibition of artwork created by people with disabilities and submitted by Affiliates from across the state. Tuesday evening featured the Celebrate Staff Dinner, recognizing 60 employees from Affiliates for outstanding service.

**ART EXHIBITIONS**

Queens Centers for Progress (QCP), United Cerebral Palsy of New York City (UCP/NYC) and Cerebral Palsy Associations of New York State-Metro Services combined to produce two displays of work by people with disabilities representing the three agencies this past year. The first exhibit was at the Port Authority Bus Terminal in Manhattan in March. More than 30 works of art by people with
disabilities were on display at the mid-town facility. The show featured artwork by more than two dozen people with disabilities representing QCP, UCP/NYC and CP of NYS-Metro Services.

The second exhibition of artwork by artists representing the three Affiliates was held at the Roosevelt Island Visual Art Association (RIVAA) and had more than 80 works by 73 artists from throughout New York City. The RIVAA Gallery site was first suggested by New York State Assemblymember Micah Kellner of Manhattan, who greeted nearly 200 people attending the pre-opening reception at the gallery on August 13. “As someone with Cerebral Palsy myself, I was especially proud to welcome this exhibition to Roosevelt Island,” said Kellner. “It has been an honor to work with RIVAA and these three outstanding organizations to help make it a reality.”

CORPORATE COMPLIANCE CONFERENCE

Over 170 people attended the second annual Corporate Compliance Conference. The conference was jointly sponsored by CP of NYS and NYSARC and is the only conference designed for providers of services to individuals with disabilities. Featured speakers were from the NYS Office of the Medicaid Inspector General, KPMG, and the Health Care Compliance Association. Presentations by compliance officers from both organizations completed the agenda.

Other trainings and seminars sponsored by CP of NYS included:


♦ “The Five Component Model for Early Intervention in Natural Environments” presented by Robin McWilliam, Ph.D., April 2009
Cerebral Palsy Associations of NYS

NYS ELKS ASSOCIATION AND
CP OF NYS HOME SERVICE PROGRAM

For more 45 years the New York State Elks Association (NYSEA) has helped to fund the CP of NYS Home Service Program. The organization has contributed more than $20 million and countless hours of volunteer commitment all across the state since 1964.

Regional meetings across the state involving members of the Elks at the state and local level, and staff from CP of NYS and its Affiliates have strengthened relationships at the local level, generated ideas that have benefited both the Elks and Affiliates, and provided opportunities for people from both organizations to learn more about how to grow and improve this long-standing partnership.

The Home Service Program began as a way to provide services to individuals with disabilities in their homes and has grown and evolved. Today, Home Service Directors coordinate and deliver services to people with disabilities in their home communities all across the state.

Richard De Silva, from Westchester County, completed his second year as Chairman of the Major Projects Committee, raising more than $400,000 in support of the CP of NYS Home Service Program. Westchester County resident Gregory Santiago, with the support of his family, is serving a three-year term as Elks Ambassador working with Mr. De Silva to raise funds and public awareness.

Affiliate Activities

Cerebral Palsy Associations of NYS
TECHNICAL ASSISTANCE

CP of NYS:

♦ Provided technical assistance to Affiliates regarding OMRDD program development and reimbursement issues. Staff offered technical assistance to Affiliates on rate appeals, changes to day program, residential program oversight and development, respite programs, Medicaid Service Coordination and implementation of special OMRDD initiatives, such as the health care enhancement.

♦ Provided information, technical support, and/or direct assistance to Affiliates regarding Early Intervention, Preschool and School Age Special Education, Assistive Technology, and Traumatic Brain Injury issues.

♦ Assisted Affiliates with matters related to tuition rates and fees for education programs.

♦ Provided assistance with SED regarding approval of new and/or expansion of special education program models.

♦ Provided assistance relative to DOH/IPRO monitoring of Early Intervention programs.

♦ Provided ongoing updates from DOH regarding the process of accessing Durable Medical Equipment.

♦ Provided technical assistance and advice to Affiliates regarding DOH fiscal and regulatory issues.

STATEWIDE COMMITTEES

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<thead>
<tr>
<th>CP of NYS Statewide Committees</th>
<th>Workgroups</th>
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<tr>
<td>Assistive Technology</td>
<td>Managing Multiple Residential Sites</td>
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<td>Corporate Compliance</td>
<td>APG Clinic Issues</td>
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<td>Development/Public Relations</td>
<td>Collaboration &amp; Efficiencies</td>
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<td>Education/Early Intervention</td>
<td>Day Program</td>
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<td>Guardianship</td>
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<td>Health &amp; Clinical Services</td>
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<td>Information Technology</td>
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<td>Residential and Day Services</td>
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<td>Traumatic Brain Injury</td>
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Affiliate Activities
CP of NYS’s Metro Services offers a wide range of programs and services designed to support individuals with disabilities in leading more independent and productive lives. These include comprehensive health care services, community living services, adult day programs, vocational, and traumatic brain injury services, summer camp and vacations, service coordination, and family support services.

**COMMUNITY LIVING SERVICES**

- Three hundred and sixty-eight individuals live in 78 residences certified as Individual Residential Alternatives (IRAs) and 76 individuals live in six residences certified as Intermediate Care Facilities (ICFs). Included in these are four ICFs and one IRA serving 64 people that provide around the clock, on-site nursing services. There are also four people receiving At Home Res Hab services.

**DAY SERVICES**

- Metro Services’ Day Programs provide services to over 400 individuals in inclusionary programs where people are integrally involved in their immediate communities, providing volunteer opportunities at various community sites, and participation in community restoration and gardening projects.

**HEALTH CARE CENTERS (Diagnostic & Treatment Centers)**

- Metro Services operates four full-time and two part-time health care centers serving over 2,700 individuals throughout the five boroughs. In addition to primary care services, we also provide specialty medical services including, Behavioral Health Services and Rehabilitation Services including adaptive equipment. Audiological services and Dental Services are also offered at our centers. Our team of health care professionals, which includes 32 physicians and dentists, meet the challenges of serving individuals with special needs in a caring and supportive environment. Our year-to-date visits total nearly 57,000.

**CAMP JENED**

- Camp Jened operations were temporarily suspended this past summer. We are developing an ongoing plan for camp.

**COMMUNITY AFFAIRS AND VOLUNTEERS**

- Agency staff participated in each of the Boroughs’ MR/DD Councils on various committees and the agency supported a number of activities conducted by these groups, such as Family Information and Support events.

- Volunteers and interns continue to be an integral part of all programs. Volunteers provided clerical support, direct assistance with patient care in the HCC’s and assisted consumers in the CLS program in fulfilling their community inclusion goals. Last summer, $1,105 was donated by Goldman Sachs for a “Day of Community Service.” Eight volunteers from the firm participated in a day of festivities at the Cora Hoffman Center.

**COMMUNITY SUPPORT SERVICES AND SERVICE COORDINATION**

- Nine participants are enrolled in the after-school programs at NYC DOE District 75 Hungerford School on Staten Island.

- Metro Services provides Medicaid Service Coordination (MSC) to 337 individuals. A total of 274 individuals live in IRAs operated by CP of NYS and 63 individuals live with their families or on their own or with other agencies. Forty-four individuals with Traumatic Brain Injuries receive service coordination through the NYS DOH Medicaid TBI Waiver Program.
QUALITY MANAGEMENT REVIEWS
♦ Quality Management (QM) Teams conducted forty-six full QM reviews of residences and 26 QM follow-up reviews. A data base has been developed to baseline and track data from the reviews for management analysis.

STAFF DEVELOPMENT AND TRAINING
♦ The partnership continues with CUNY and the John F. Kennedy, Jr. Institute for Worker Education. Professionals from Metro Services continue to take advantage of CUNY’s Post-Baccalaureate Certificate Program in Disability Studies designed for direct support professionals who already have a bachelor’s degree and want to continue their educational goals. The 20th Anniversary Award ceremony was held in June and three CP of NYS employee “Fellows” attended.
♦ Over 250 new staff members were trained to fill Direct Care Counselor vacancies this year. Throughout the year trainings were also conducted on a large number of diverse topics.
♦ A two year Collaborative Management Training with Affiliate partners UCP/NYC, Queens Centers for Progress, UCP Nassau and CP Westchester was completed. Seventy staff from CP of NYS and a total of 150 staff were trained.

DEVELOPMENT
♦ A new facility is under construction in the Bronx to relocate the Jerome Belson Center, which houses the Health Care Center, day habilitation and supported employment programs, and the Bronx Community Living Program offices. The design of the new facility will provide state of the art, accessible program space, convenient to public transportation.
♦ Two new homes in Queens were purchased and renovated for the relocation of individuals who lived in apartments located in Bayside, Queens where the owners have decided not to renew the leases.
♦ Four individuals moved into two new Manhattan apartments in February through OMRDD-sponsored Opportunities for People Through Services (OPTS) funding. Two individuals were living at home with parents and two moved from certified IRAs operated by CP of NYS.
♦ The CON to shift long-term “habilitative” OT, PT and speech therapy and psychology services from the NYS DOH governed Article 28 D&TCs to the OMRDD governed Article 16 Clinic was approved for 14,000 units to be provided annually.
♦ A $103,500 multi-year grant was received from the NYS Commission for the Blind and Visually Handicapped to provide Individualized Job Placement Services and Diagnostic Vocational Evaluation Outcome-Based Services/Community Based Situational Assessments for individuals who are visually impaired, who may also have physical challenges and/or cognitive deficits, and can benefit greatly from vocational services.
♦ A grant request to OMRDD was funded in the amount of $47,232 to provide a Respite - Recreation program for 10 adults who live at home with families/caregivers in Staten Island.
♦ An $18,560 grant was received from the NYS DOL Workplace Hazard Abatement program to develop a Worksite Health Promotion and Conditioning training program commencing in September 2009. It will include training for 300 staff in body mechanics, lifting and transferring and will be completed in July 2010. It will then be incorporated into the new employee orientation and training program.
Charles Scarturro has been attending photography instruction for only three years. He saw how much fun some of his apartment-mates were having participating in photo club so decided to join. When he’s out shooting he will carefully scour his environment for interesting subject matter. When he sees something of interest, he enthusiastically lets the attendant pushing his wheelchair know and motions to where he wants to go to get the shot. Charles enjoys using a Canon digital camera.

He has become quite an accomplished photographer in a short time. His pictures have been used as the Progressive Visions Art Show postcard cover and for the cover of the CP Metro staff birthday card. Some of his work was exhibited at the Port Authority Bus Terminal in Manhattan last spring and was also included in a large summer exhibition with artists from other CP of NYS Affiliates at the Gallery RIVAA on Roosevelt Island.

Charles is an eager student and is very proud of his accomplishments in photography. “I love photography, getting out taking pictures and looking for different things to shoot. I like taking pictures in my neighborhood and I like looking into store windows for things to take pictures of. Taking pictures makes me feel like I’m part of the community.”
# Financial Report

CEREBRAL PALSY ASSOCIATIONS OF NEW YORK STATE  
*STATEMENTS OF SUPPORT, REVENUE AND EXPENSES*  
FOR THE YEARS ENDED JUNE 30, 2009 AND 2008  
(In Thousands)

## SUPPORT AND REVENUE

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<td>Contributions</td>
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<td>$434</td>
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## EXPENSES

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## EXCESS (DEFICIENCY) OF SUPPORT & REVENUE OVER EXPENSES

<table>
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<tr>
<th></th>
<th>6/30/09</th>
<th>6/30/08</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EXCESS (DEFICIENCY) OF SUPPORT &amp; REVENUE OVER EXPENSES</strong></td>
<td>$2,004</td>
<td>$452</td>
</tr>
</tbody>
</table>

* Copies of complete financial statements are available upon request from CP of NYS, 330 West 34th Street, New York, NY 10001.